

TOOLBOX TALK — NOISE — DEAF IS FOREVER

TOOLBOX TALK

Five to ten minutes at the workplace, spoken by the supervisor, recorded below — and two-way, or it is not a talk

KD-TBT-NO-006 Rev A0

WHY THIS TALK: Noise-induced hearing loss is permanent, incurable and entirely preventable — and it is doing its damage on every site, every day, to people who think shouting over the saw is normal.

1 THE SESSION

SITE / PROJECT

DELIVERED BY

DATE

TIME

2 THE POINTS TO MAKE — TICK AS COVERED, IN YOUR OWN WORDS

- Rule of thumb: if you must shout to be heard at arm's length, the noise is loud enough to be damaging you
- Quieter first: sharp blades, maintained plant, dampened breakers, distance — protection is what is left after that
- Hearing protection zones mean worn, properly, the whole time — thirty seconds off in loud noise loses much of the day's protection
- Plugs fitted right or muffs sealed — over a beanie or glasses arms breaking the seal is decoration
- Your noise is everyone's: warn the trades around you before the loud task starts
- Ringing ears after work is the sound of damage being done — report it, do not badge it
- Music earbuds are not hearing protection and can mask alarms and plant

MADE SPECIFIC TO THIS SITE

3 ASK THE CREW — AND WRITE DOWN WHAT COMES BACK

- What is the loudest task on this site this week, and who is near it besides the person doing it?
- Does anyone's hearing protection not fit over what else they wear?
- Who has ringing ears at the end of a day and never mentioned it?

WHAT THE CREW RAISED, AND WHAT HAPPENS ABOUT IT

4 WHO WAS THERE

NAME	COMPANY	SIGNATURE

RECORD COMPLETED BY

SIGNATURE

DATE

FILED WHERE

TOOLBOX TALK — NOISE — DEAF IS FOREVER

continued

TOOLBOX TALK

KD-TBT-NO-006 Rev A0

R REVISION HISTORY

Every revision of this document, and every review that found nothing to change. The revision on the front of this sheet is the one you are holding — check kubitdocs.com for the current one before use.

Rev	Date	Class	What changed	Authorised by
D0	2026-08-31	first-issue	First issue.	— not yet approved —
D1	2026-08-31	review	Reviewed against the internal H&S director's batch findings; no change to this document.	— not yet approved —
A0	2026-08-31	review	Approved for issue by the author. Content unchanged from the reviewed draft; the draft status strip is removed. No independent third-party review has been carried out.	Author — director, UK principal contractor, SMSTS. Not an independent review.

Class: first-issue · material (the law, a control, a field or the scope changed — past buyers are notified) · editorial (wording or layout only) · review (checked, nothing changed) · withdrawal. Revision prefix D = draft, not approved and not for sale; A = approved for issue by the person named, on the date shown.