

TOOLBOX TALK — HARNESS AND LANYARD — CHECK IT LIKE YOUR LIFE DEPENDS ON IT

TOOLBOX TALK

Five to ten minutes at the workplace, spoken by the supervisor, recorded below — and two-way, or it is not a talk

KD-TBT-HA-026 Rev A0

WHY THIS TALK: A harness earns its keep once, and that is the moment you find out whether the webbing was cut, the stitching was burnt or the karabiner gate was bent. The pre-use check takes two minutes; the fall takes two seconds.

1 THE SESSION

SITE / PROJECT

DELIVERED BY

DATE

TIME

2 THE POINTS TO MAKE — TICK AS COVERED, IN YOUR OWN WORDS

Before every use: webbing end to end for cuts, abrasion, chemical or heat damage; stitching intact; buckles and D-rings sound; label legible

Lanyard and energy absorber: tell-tale stitching not deployed, karabiner gate closing and locking on its own, rope or webbing unfrayed

In date: the formal inspection record is current — no record, no use

Fit is protection: leg loops and chest strap snug, D-ring between the shoulder blades, and it stays done up all day

Anchor before the edge, to the rated point the RAMS names, above you where possible — never a scaffold handrail or a pipe

Clearance: work out whether a fall would hit anything before the lanyard arrests it — a harness on a low platform can be worse than nothing

A dropped, shock-loaded or doubtful harness goes out of service now — and someone knows how to get you down within minutes

MADE SPECIFIC TO THIS SITE

3 ASK THE CREW — AND WRITE DOWN WHAT COMES BACK

· Show me the inspection record for the harness you are wearing — what date is on it?

· What are you anchored to today, and who said it takes a fall?

· If you fell right now and were hanging, who would get you down, and how?

WHAT THE CREW RAISED, AND WHAT HAPPENS ABOUT IT

4 WHO WAS THERE

NAME

COMPANY

SIGNATURE

RECORD COMPLETED BY

SIGNATURE

DATE

FILED WHERE

R REVISION HISTORY

Every revision of this document, and every review that found nothing to change. The revision on the front of this sheet is the one you are holding — check kubitdocs.com for the current one before use.

Rev	Date	Class	What changed	Authorised by
D0	2026-09-02	first-issue	First issue.	— not yet approved —
A0	2026-09-02	review	Approved for issue by the author. Content unchanged from the reviewed draft; the draft status strip is removed. No independent third-party review has been carried out.	Author — director, UK principal contractor, SMSTS. Not an independent review.

Class: first-issue · material (the law, a control, a field or the scope changed — past buyers are notified) · editorial (wording or layout only) · review (checked, nothing changed) · withdrawal. Revision prefix D = draft, not approved and not for sale; A = approved for issue by the person named, on the date shown.