

SAFE SYSTEM OF WORK — PLASTERING A ROOM

Skin, dust, the mixer and the hop-up — on one page

SSW — ONE PAGE

KD-SSW-PR-004 Rev A0

COSHH 2002 regs 6 and 7: plaster and bonding are irritants and the dust from mixing and sanding is breathed — the assessment and its controls come before the first mix; KD-COSHH-PL-030 is the substance assessment behind this sheet. MHSWR 1999 reg 3: the hop-up, the bags and the mixer assessed alongside it. One-page safe system of work for a room by a small firm; the full activity RAMS is KD-RAMS-DL-004.

1 THE JOB

PROJECT / SITE REF	SITE	DATE	SHEET PREPARED BY
THE TASK, IN ONE LINE			SUPERVISOR / WHO TO CALL

2 HAZARDS ON THIS JOB — TICK EACH ONE PRESENT; THE CONTROL BESIDE IT IS WHAT YOU WILL DO

- | | |
|--------------------------|--|
| ☐ | Plaster on skin and in eyes — gloves, long sleeves and eye protection when mixing; washed off before it dries on; hands checked for dermatitis |
| ☐ | Dust from mixing, sanding and knocking off — mix in a ventilated area or outside; FFP3; damp down; no dry sweeping |
| ☐ | The mixer and paddle — RCD or 110 V; the paddle in the bucket before it is started; hands clear; the cable kept out of the water |
| ☐ | Bags of plaster and boards — lifted with the legs, two to a board, stored close to the work |
| ☐ | Working off a hop-up or trestles — a proper hop-up or platform, never a bucket; feet level; no overreaching for the ceiling |
| ☐ | Slips on a wet floor — sheeted; a clear path kept; spills cleaned as you go |

3 SEQUENCE OF WORK — AMEND EACH STEP TO THIS JOB, OR WRITE "AS PRINTED"; SAY WHO DOES IT

1. SHEET THE FLOOR; CLEAR THE ROOM; OPEN WINDOWS FOR AIR	WHO
2. CHECK THE BACKGROUND: SOUND, DRY, AND ANY SUSPECT COATING IDENTIFIED BEFORE IT IS DISTURBED	WHO
3. SET UP THE HOP-UP OR PLATFORM, AND THE MIXING STATION AWAY FROM THE WALKWAY	WHO
4. MIX WITH THE PADDLE IN THE BUCKET; KEEP THE MIX AND THE WATER CLEAR OF CABLES	WHO
5. APPLY THE BASE COAT AND THE FINISH FROM THE PLATFORM, WITHOUT OVERREACHING	WHO
6. TROWEL UP; CLEAN THE TOOLS WITH WATER OUTSIDE; BAG THE WASTE	WHO
7. WASH HANDS AND FOREARMS; CHECK SKIN; CLEAR THE ROOM	WHO

4 KIT AND PPE — AND STOP CONDITIONS: STOP AND GET THE SUPERVISOR IF... (TICK WHEN BRIEFED)

Kit: hop-up or platform, mixer on an RCD, buckets, hawk and trowel, dust sheets, wet vacuum. PPE: gloves; eye protection; FFP3 when mixing or sanding; safety footwear; long sleeves. FFP3 means a face-fit-tested mask on a clean-shaven face; a mask that has not been fit tested is not a control.

- | | |
|--------------------------|--|
| ☐ | The background is a textured coating or old board with no asbestos information |
| ☐ | The mixing area cannot be ventilated, or there is no FFP3 |
| ☐ | The hop-up or platform is damaged, or the floor is not level enough for it |
| ☐ | Skin is cracking, red or sore — stop, wash, and report it |

5 SIGNATURES

Person doing the work — I have read this sheet, the kit and PPE are on the job, and I will stop at the conditions in section 4:

PRINTED NAME	ROLE	COMPANY	SIGNATURE	DATE	TIME

Briefed by / supervisor — I have checked the job against this sheet and amended what needed it:

PRINTED NAME	ROLE	COMPANY	SIGNATURE	DATE	TIME

R REVISION HISTORY

Every revision of this document, and every review that found nothing to change. The revision on the front of this sheet is the one you are holding — check kubitdocs.com for the current one before use.

Rev	Date	Class	What changed	Authorised by
D0	2026-09-02	first-issue	First issue.	— not yet approved —
A0	2026-09-02	review	Approved for issue by the author. Content unchanged from the reviewed draft; the draft status strip is removed. No independent third-party review has been carried out.	Author — director, UK principal contractor, SMSTS. Not an independent review.

Class: first-issue · material (the law, a control, a field or the scope changed — past buyers are notified) · editorial (wording or layout only) · review (checked, nothing changed) · withdrawal. Revision prefix D = draft, not approved and not for sale; A = approved for issue by the person named, on the date shown.