

SAFE SYSTEM OF WORK — PAINTING AN EXTERIOR AT LOW LEVEL FROM A TOWER

SSW — ONE PAGE

Tower built right, cables checked, weather limit written in — on one page

KD-SSW-PT-010 Rev A0

Work at Height Regulations 2005 reg 4: planned and supervised; reg 6: from a platform, because a ladder is not a place to paint from; reg 8: the tower is a working platform with guardrails and toe boards, built by someone trained to build it. MHSWR 1999 reg 3: the paint, the weather, the public and the tower itself assessed on this sheet. One-page safe system of work for a house exterior from a mobile tower; the full activity RAMS is KD-RAMS-PD-004, and the tower inspection record is KD-INS-TW-007.

1 THE JOB

PROJECT / SITE REF	SITE	DATE	SHEET PREPARED BY
THE TASK, IN ONE LINE		SUPERVISOR / WHO TO CALL	
WIND LIMIT FOR THIS TOWER, FROM ITS INSTRUCTIONS	FORECAST FOR THE DAY	CHECKED AT / BY	

2 HAZARDS ON THIS JOB — TICK EACH ONE PRESENT; THE CONTROL BESIDE IT IS WHAT YOU WILL DO

- ☐ Falls from the tower — built to its instructions by a trained person (PASMA or equivalent); guardrails, toe boards, stabilisers, inside access only
- ☐ The tower moving or tipping — wheels locked; ground firm and level; never moved with anyone or anything on it; never tied to the gutter
- ☐ Overhead cables — look up first; the service drop kept outside the reach of the tower and any pole; GS6 (4th edition, 2013) sets the distances
- ☐ Paint and solvents — ventilate; read the tin; KD-COSHH-SV-007 for thinners; KD-COSHH-LD-010 where old paint may contain lead
- ☐ The public and the household — the base barriered; tools and tins not left on the platform; no work over a doorway in use
- ☐ Weather — no work in wind that moves the tower or rain that makes the platform slip; the limit from its instructions is written in section 1

3 SEQUENCE OF WORK — AMEND EACH STEP TO THIS JOB, OR WRITE "AS PRINTED"; SAY WHO DOES IT

1. WALK THE ELEVATION: GROUND, CABLES, DOORS, WINDOWS, DRAINS, WHAT THE PUBLIC CAN REACH	WHO
2. BUILD THE TOWER TO THE INSTRUCTIONS ON LEVEL GROUND; INSPECT AND TAG IT BEFORE USE	WHO
3. BARRIER THE BASE; COVER THE DROP ZONE; TELL THE HOUSEHOLD WHICH DOOR NOT TO USE	WHO
4. PREPARE SURFACES: SCRAPE AND SAND WITH A MASK; WET-SAND OLD PAINT; BAG THE DEBRIS	WHO
5. PAINT FROM THE PLATFORM WITH BOTH FEET ON IT; MOVE THE TOWER RATHER THAN OVERREACH	WHO
6. MOVE THE TOWER WITH NOTHING ON IT AND RE-INSPECT AFTER EVERY MOVE; STRIKE IT; CLEAR THE BARRIERS; CLEAN TOOLS OUTSIDE	WHO

4 KIT AND PPE — AND STOP CONDITIONS: STOP AND GET THE SUPERVISOR IF... (TICK WHEN BRIEFED)

Kit: mobile tower with its instructions and a tag, level, barriers and tape, dust sheets, sanding kit, brushes and rollers on poles, sealed containers for waste. PPE: safety footwear; gloves; eye protection when sanding; dust mask for old paint; hi-vis where the public passes.

- ☐ The tower cannot be built to the instructions on this ground, or nobody trained is here to build it
- ☐ A cable is within reach of the tower or a pole
- ☐ Old paint may contain lead and it has not been tested
- ☐ Wind or rain is beyond the limit written on this sheet

5 SIGNATURES

Person doing the work — I have read this sheet, the kit and PPE are on the job, and I will stop at the conditions in section 4:

PRINTED NAME	ROLE	COMPANY	SIGNATURE	DATE	TIME

Briefed by / supervisor — I have checked the job against this sheet and amended what needed it:

PRINTED NAME	ROLE	COMPANY	SIGNATURE	DATE	TIME

R REVISION HISTORY

Every revision of this document, and every review that found nothing to change. The revision on the front of this sheet is the one you are holding — check kubitdocs.com for the current one before use.

Rev	Date	Class	What changed	Authorised by
D0	2026-09-02	first-issue	First issue.	— not yet approved —
A0	2026-09-02	review	Approved for issue by the author. Content unchanged from the reviewed draft; the draft status strip is removed. No independent third-party review has been carried out.	Author — director, UK principal contractor, SMSTS. Not an independent review.

Class: first-issue · material (the law, a control, a field or the scope changed — past buyers are notified) · editorial (wording or layout only) · review (checked, nothing changed) · withdrawal. Revision prefix D = draft, not approved and not for sale; A = approved for issue by the person named, on the date shown.