

NOISE RISK ASSESSMENT BY ACTIVITY

Every noisy activity — the level, the daily exposure, the controls, the zones

ASSESSMENT — SITE FILE

KD-OH-NA-003 Rev A0

Control of Noise at Work Regulations 2005 reg 5: assess the exposure; reg 6: eliminate or reduce it at source before hearing protection is considered; reg 7: protection made available at the lower action value, and worn, with the area marked as a hearing protection zone, at the upper action value; reg 9: health surveillance, including hearing tests, wherever the assessment shows a risk to hearing — in practice everyone regularly at or above the upper action value, anyone occasionally above it whose protection cannot be relied on, and anyone particularly at risk at lower levels (existing hearing loss, certain medication); reg 10: information and training. L108 (3rd edition, 2021) is the HSE guidance this assessment follows. This sheet is the assessment by activity: the level at the operator written in from a meter or the manufacturer's data, the duration, and the daily exposure from the HSE calculator. The action values and the limit value are in reg 4 — write the current figures in from the Regulations; the limit value is the one that takes the protection into account. The exposure record per activity is KD-INS-NS-015 — it prints the action values current at its revision; if they differ from section 2, section 2 governs. The neighbours' log is KD-SITE-NM-023, the surveillance register KD-OH-HS-001, the briefing record KD-SITE-RB-008, the toolbox talk KD-TBT-NO-006.

1 THE WORK

PROJECT / SITE REF	SITE	DATE	ASSESSED BY
ACTIVITY / PACKAGE	LOCATION	CONTRACTOR	

2 THE VALUES — FROM REG 4 OF THE REGULATIONS

LOWER EXPOSURE ACTION VALUE	UPPER EXPOSURE ACTION VALUE	EXPOSURE LIMIT VALUE	PEAK ACTION AND LIMIT VALUES	METER / SOURCE

3 ACTIVITIES — ONE LINE EACH

ACTIVITY / PLANT	DB(A)	SOURCE	HOURS / D...	DAILY EXP.	L / U / NON...	CONTROLS FIRST	PROTECTION / S...

4 HEARING PROTECTION ZONES

LOCATION / AREA	WHEN IN FORCE	SIGNED (DATE)	STOCK AT ENTRY	SET UP BY

5 CONTROLS — TICK WHAT IS IN PLACE; WRITE THE SPECIFIC CONTROL IN SECTION 6

- ☐ Quieter method or plant chosen — hydraulic over percussive, electric over diesel, cutting done off site, pre-cut or pre-formed components; the choice written in section 3
- ☐ Plant maintained with silencers, enclosures and dampers in place; a noisy defect is reported and the plant withdrawn
- ☐ Distance and screens — the noisy activity separated from the people who are not doing it; compressors and generators sited away from the workplace
- ☐ Duration limited — rotation between operatives, and the noisy work programmed when the fewest people are near it
- ☐ Hearing protection issued from section 3, fitted properly and worn in the zones without exception; stocks at the zone entry; damaged protection replaced
- ☐ Zones signed, and the sign means it — anyone in the zone wears protection, visitors and supervisors included
- ☐ Everyone exposed told the risk, the controls, the zones and how to wear the protection; the briefing recorded on KD-SITE-RB-008, the toolbox talk KD-TBT-NO-006
- ☐ Health surveillance arranged wherever the assessment shows a risk to hearing — everyone regularly at or above the upper action value, anyone occasionally above it whose protection cannot be relied on, anyone particularly at risk at lower levels — and entered on KD-OH-HS-001 before the work starts

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continued

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6 SPECIFIC CONTROLS, RESIDUAL EXPOSURE AND ACTIONS

THE CONTROLS FOR THIS JOB, SPECIFICALLY

RESIDUAL DAILY EXPOSURE

BELOW THE UPPER ACTION VALUE?

ACTIONS BEFORE THE WORK STARTS

REVIEW THIS ASSESSMENT ON

BRIEFED TO THE OPERATIVES ON

RAMS THIS ASSESSMENT SUPPORTS

7 SIGNATURES

Assessed by:

PRINTED NAME

ROLE

COMPANY

SIGNATURE

DATE

TIME

Contractor supervisor — accepted and briefed to the operatives:

PRINTED NAME

ROLE

COMPANY

SIGNATURE

DATE

TIME

R REVISION HISTORY

Every revision of this document, and every review that found nothing to change. The revision on the front of this sheet is the one you are holding — check kubitdocs.com for the current one before use.

Rev	Date	Class	What changed	Authorised by
D0	2026-09-02	first-issue	First issue.	— not yet approved —
A0	2026-09-02	review	Approved for issue by the author. Content unchanged from the reviewed draft; the draft status strip is removed. No independent third-party review has been carried out.	Author — director, UK principal contractor, SMSTS. Not an independent review.

Class: first-issue · material (the law, a control, a field or the scope changed — past buyers are notified) · editorial (wording or layout only) · review (checked, nothing changed) · withdrawal. Revision prefix D = draft, not approved and not for sale; A = approved for issue by the person named, on the date shown.