

# NOISE EXPOSURE RECORD

RECORD — PER ACTIVITY

Activity, plant, level, duration, protection — the record the assessment rests on

KD-INS-NS-015 Rev A0

Control of Noise at Work Regulations 2005: assess exposure (reg 5); eliminate or reduce it (reg 6); hearing protection made available at the lower exposure action value of 80 dB(A) and mandatory, with zones marked, at the upper action value of 85 dB(A) (reg 7); the limit value of 87 dB(A) takes protection into account. Daily exposure is the level combined with the duration — a loud tool for ten minutes is not the same as all day.

## 1 SITE

| PROJECT / SITE REF | SITE | WEEK COMMENCING / PERIOD | COMPLETED BY |
|--------------------|------|--------------------------|--------------|
|                    |      |                          |              |

## 2 NOISE SOURCES AND CONTROLS

| ACTIVITY / PLANT | LEVEL DB(A)... | SOURCE OF FIGU... | DURATION PE... | DAILY EXPOS... | CONTROLS (QUIET PLANT, DISTANCE, EN... | PROTECTION... | HEARING PROTEC... |
|------------------|----------------|-------------------|----------------|----------------|----------------------------------------|---------------|-------------------|
|                  |                |                   |                |                |                                        |               |                   |
|                  |                |                   |                |                |                                        |               |                   |
|                  |                |                   |                |                |                                        |               |                   |
|                  |                |                   |                |                |                                        |               |                   |
|                  |                |                   |                |                |                                        |               |                   |
|                  |                |                   |                |                |                                        |               |                   |
|                  |                |                   |                |                |                                        |               |                   |
|                  |                |                   |                |                |                                        |               |                   |
|                  |                |                   |                |                |                                        |               |                   |

## 3 PEOPLE EXPOSED ABOVE THE UPPER ACTION VALUE — HEALTH SURVEILLANCE REQUIRED

| NAME | COMPANY | ACTIVITY | ESTIMATED DAILY EXP... | HEALTH SURVEILLANCE ARRANGED? (EMPLO... |
|------|---------|----------|------------------------|-----------------------------------------|
|      |         |          |                        |                                         |
|      |         |          |                        |                                         |
|      |         |          |                        |                                         |
|      |         |          |                        |                                         |

## 4 SIGNATURES

|               |      |         |           |      |      |
|---------------|------|---------|-----------|------|------|
| Completed by: |      |         |           |      |      |
| PRINTED NAME  | ROLE | COMPANY | SIGNATURE | DATE | TIME |
|               |      |         |           |      |      |
| Site manager: |      |         |           |      |      |
| PRINTED NAME  | ROLE | COMPANY | SIGNATURE | DATE | TIME |
|               |      |         |           |      |      |

## R REVISION HISTORY

Every revision of this document, and every review that found nothing to change. The revision on the front of this sheet is the one you are holding — check kubitdocs.com for the current one before use.

| Rev | Date       | Class       | What changed                                                                                                                                                   | Authorised by                                                                 |
|-----|------------|-------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|
| D0  | 2026-08-28 | first-issue | First issue.                                                                                                                                                   | — not yet approved —                                                          |
| A0  | 2026-08-29 | review      | Approved for issue by the author. Content unchanged from the draft; the draft status strip is removed. No independent third-party review has been carried out. | Author — director, UK principal contractor, SMSTS. Not an independent review. |

Class: first-issue · material (the law, a control, a field or the scope changed — past buyers are notified) · editorial (wording or layout only) · review (checked, nothing changed) · withdrawal. Revision prefix D = draft, not approved and not for sale; A = approved for issue by the person named, on the date shown.