

KITCHEN AND BATHROOM INSTALLATION

ACTIVITY RAMS — ADAPT TO SITE BEFORE USE

Domestic and communal fit-out · isolation before disconnection · the occupier

KD-RAMS-FF-001 Rev A0

Statutory basis: HSWA 1974 s.2(2)(a) and MHSWR 1999 regs 3 and 5; COSHH 2002 with EH40/2005 (4th edition, 2020) — engineered stone is a high silica-content material and dry cutting it is not an acceptable method; Electricity at Work Regulations 1989 for isolation before any disconnection; PUWER 1998; Manual Handling Operations Regulations 1992; Work at Height Regulations 2005; CDM 2015 regs 13 and 15. Work on a gas fitting is reserved to a person registered under the Gas Safety (Installation and Use) Regulations 1998 — it is never carried out under this document by anyone else, and an appliance is capped by a registered person before it is removed.

1 DOCUMENT AND PROJECT IDENTIFICATION

RAMS REFERENCE	PROJECT / SITE REF	SITE NAME AND ADDRESS	DATE PREPARED	NEXT REVIEW DATE
CLIENT / PRINCIPAL CONTRACTOR	PLANNED START	DURATION	OPERATIVES	SUPERVISING THE WORK

2 SCOPE OF WORKS

Installation of fitted kitchens and bathrooms in domestic and communal property: strip-out of existing units, carcass and unit fitting, sanitaryware, and preparation for final connection by the relevant trades.

This document does not cover: ALL work on gas fittings and appliances (registered persons only), notifiable electrical work, and final connection and commissioning of gas or electrical appliances.

SITE-SPECIFIC SCOPE, LOCATIONS AND LIMITATIONS

3 RISK ASSESSMENT — SCORE EACH RISK FOR THIS SITE, THEN ADD WHAT IS MISSING

The hazards and controls below are the starting point for this activity, written by a working main contractor. They are not complete for your site until a competent person has scored each risk, added the site-specific hazards, and struck out anything that does not apply. Rate risks High / Medium / Low before and after controls.

1. Disconnecting gas, water and electrical services

At risk: Operatives, occupants

Controls: Electrical supplies isolated, locked off and proved dead at the point of work before anything is disconnected. Water isolated and the system drained down, with the stop tap position known and proved before the first joint is broken. Gas is not touched: an appliance is disconnected and capped by a person registered under the Gas Safety (Installation and Use) Regulations 1998, and their record is held before the units are removed.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

2. Tall units, racking and appliances tipping before they are fixed

At risk: Operatives, occupants, children

Controls: Nothing tall is left standing unfixed, at any point, including over a break or overnight. Units are fixed to the wall as they are positioned — not at the end of the run. Where the wall will not take a fixing, the work stops and the detail is agreed rather than improvised. Appliances are restrained to the manufacturer's instruction before the room is left.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

3. Working in someone's home with the kitchen or bathroom out of use

At risk: Occupants, especially vulnerable residents

Controls: The period without a working kitchen, WC or washing facility is agreed in writing before the work starts, and the occupier knows who to call. Routes kept clear and clean daily; no tools, offcuts or exposed fixings left within reach when the room is unattended; services made safe and capped at the end of every working day, never left temporarily connected.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

4. Disturbing asbestos-containing materials in existing buildings

At risk: Operatives, building occupants

Controls: Check the asbestos register before any intrusive work (CAR 2012). No register, or unclear entries, means stop and refer. If suspect material is found: STOP, withdraw, secure the area and report it — the discovery procedure applies before any further work.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

5. Manual handling of boards, materials and components

At risk: Operatives

Controls: Mechanical aids first — trolleys, board lifters, hoists. Two-person lifts for boards and long components; order materials in manageable sizes; plan storage close to the workforce; keep carrying routes clear and lit.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

6. Striking hidden services when drilling, cutting or fixing

At risk: Operatives

Controls: Check drawings and the services register, scan with a CAT before drilling or chasing into existing fabric, respect safe zones, and stop and reassess if an unrecorded service is found.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

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7. Skin contact with cements, plasters, adhesives and sealants

At risk: Operatives

Controls: COSHH assessments for every substance; gloves matched to the substance; barrier and after-work creams available; washing facilities close to the work; report skin problems early — dermatitis is a reportable trend, not a private nuisance.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

8. Slips, trips and housekeeping

At risk: Everyone in the work area

Controls: Keep the workforce clear, remove waste and offcuts as they are created, route leads at high level or under mats, and maintain task lighting.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

Site-specific hazards not listed above — every site has at least one:

HAZARD	WHO IS AT RISK	CONTROLS	INITIAL H/...	RESIDUAL...	ACTION OWNER	BY WHEN

4 METHOD — SEQUENCE OF WORK

- 01 Survey the property: asbestos register or presumption for pre-2000 stock, service positions, isolation points and occupier needs.
- 02 Agree the out-of-use period and the daily finish position with the occupier in writing.
- 03 Confirm gas isolation and capping by a registered person before any strip-out begins.
- 04 Isolate, lock off and prove dead electrically; isolate and drain the water, having proved the stop tap.
- 05 Strip out existing units, protecting floors and routes; remove waste the same day.
- 06 Fit carcasses and units, fixing tall and wall units as they are positioned — never left standing loose.
- 07 Prepare for final connections and leave every service safely capped at the end of each day.

SITE-SPECIFIC AMENDMENTS TO THE SEQUENCE

5 PLANT, EQUIPMENT AND MATERIALS

- Cordless tools with extraction where cutting indoors
- Cable and pipe detector

- Lock-off kit
- Floor and route protection

INSPECTION / THOROUGH EXAMINATION REFS

COSHH ASSESSMENT REFS

6 PPE — THE LAST LINE OF CONTROL, NOT THE FIRST

- Head protection
- Safety footwear
- High visibility
- Gloves — task-rated
- Eye protection
- Hearing protection
- Gloves for sanitaryware and carcass handling

RPE TYPE, FACE-FIT STATUS, AND ANY OTHER PPE REQUIRED

7 PERMITS REQUIRED BEFORE THIS WORK STARTS

A permit authorises this work in that place, on that day. It extends the safe system of work in this document — it does not replace it (HSE HSG250). The site issues the permit; record its number before work starts.

KD-PTW-PE-009 — Permit to Enter

For occupied and tenanted property.

PERMIT NUMBER

KD-PTW-EL-010 — Electrical Permit to Work

Where the building operates a permit for isolation.

PERMIT NUMBER

8 EMERGENCY ARRANGEMENTS — COMPLETE FOR THIS SITE

FIRST AIDER AND LOCATION	NEAREST A&E	ASSEMBLY POINT

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HOW THE ALARM IS RAISED	EMERGENCY ACCESS FOR THIS WORK AREA	SPILL / ENVIRONMENTAL RESPONSE

9 BRIEFING RECORD — EVERYONE WORKING UNDER THIS RAMS SIGNS BEFORE STARTING

By signing you confirm the contents of this RAMS have been explained to you, you understand the hazards and controls, and you will work to the sequence stated. Tell the supervisor if the work or the site does not match this document — work stops until it does.

NAME	COMPANY	SIGNATURE	DATE

10 PREPARED AND ACCEPTED

Prepared / adapted for this site by — I confirm I have adapted this document to the site, scored the risks, and that it describes how the work will actually be done.

PRINTED NAME	ROLE / COMPETENCE	COMPANY	SIGNATURE	DATE	TIME

Accepted for the site by — principal contractor or site manager review.

PRINTED NAME	ROLE	COMPANY	SIGNATURE	DATE	TIME

Review this RAMS if the work, the site or the law changes, and at least before each new phase of the works. Flatten the completed PDF before filing so the record cannot be silently edited.

R REVISION HISTORY

Every revision of this document, and every review that found nothing to change. The revision on the front of this sheet is the one you are holding — check kubitdocs.com for the current one before use.

Rev	Date	Class	What changed	Authorised by
D0	2026-08-11	first-issue	First issue.	— not yet approved —
A0	2026-08-27	review	Approved for issue by the author. Content unchanged from D0; the draft status strip is removed. No independent third-party review has been carried out.	Author — director, UK principal contractor, SMSTS. Not an independent review.

Class: first-issue · material (the law, a control, a field or the scope changed — past buyers are notified) · editorial (wording or layout only) · review (checked, nothing changed) · withdrawal. Revision prefix D = draft, not approved and not for sale; A = approved for issue by the person named, on the date shown.