

Statutory basis: HSWA 1974 s.2(2)(a) and MHSWR 1999 regs 3 and 5; COSHH 2002 with EH40/2005 (4th edition, 2020) for biocides, injection creams and construction dust; CAR 2012, because a building of any age before 2000 is presumed to contain asbestos until the register or a survey says otherwise; PUWER 1998; Manual Handling Operations Regulations 1992; CDM 2015 regs 13 and 15. A subfloor void, cellar or duct that meets the definition is a confined space and the Confined Spaces Regulations 1997 with ACOP L101 apply — entry is under permit, with a person outside, and it is never done alone.

1 DOCUMENT AND PROJECT IDENTIFICATION

RAMS REFERENCE	PROJECT / SITE REF	SITE NAME AND ADDRESS	DATE PREPARED	NEXT REVIEW DATE
CLIENT / PRINCIPAL CONTRACTOR	PLANNED START	DURATION	OPERATIVES	SUPERVISING THE WORK

2 SCOPE OF WORKS

Installation of remedial damp proof courses by injection or physical insertion, including hacking off contaminated plaster, preparation and the interface with replastering.

This document does not cover: diagnosis of the damp cause (survey by others), structural repairs, and any work where the asbestos register is unclear.

SITE-SPECIFIC SCOPE, LOCATIONS AND LIMITATIONS

3 RISK ASSESSMENT — SCORE EACH RISK FOR THIS SITE, THEN ADD WHAT IS MISSING

The hazards and controls below are the starting point for this activity, written by a working main contractor. They are not complete for your site until a competent person has scored each risk, added the site-specific hazards, and struck out anything that does not apply. Rate risks High / Medium / Low before and after controls.

1. Dust from hacking off plaster in old buildings

At risk: Operatives, occupants

Controls: Old plaster may contain horsehair, lead paint layers and asbestos in later coatings — the register is checked first. Hacking off is done with on-tool extraction or damped down, never dry and never sweeping up dry. Occupied areas are sealed off with a dust barrier and a negative-pressure unit where the specification calls for one; waste is bagged at the workplace.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

2. Applying timber treatment biocides and injection creams

At risk: Operatives, occupants, pets

Controls: Product selected and applied strictly to the label and the safety data sheet, which is on site before the container is opened. RPE and chemical-resistant gloves to the COSHH assessment. The building or the treated area is vacated for the re-entry period the label states, and that period is agreed with the occupier in writing before work starts — it is a control, not a courtesy. Ventilation established during and after application; fish tanks, pets and food covered or removed.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

3. Disturbing asbestos-containing materials in existing buildings

At risk: Operatives, building occupants

Controls: Check the asbestos register before any intrusive work (CAR 2012). No register, or unclear entries, means stop and refer. If suspect material is found: STOP, withdraw, secure the area and report it — the discovery procedure applies before any further work.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

4. Entry to subfloor voids, cellars and ducts

At risk: Operatives

Controls: Assessed before every entry: headroom, ventilation, standing water, vermin, and the state of the joists overhead. Where the space meets the confined space definition the entry permit applies, with atmosphere testing, a person outside in constant communication, and rescue arrangements agreed before entry — not improvised afterwards. Nobody enters a subfloor void alone under any circumstances.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

5. Respirable silica and general dust from cutting and drilling

At risk: Operatives, others in the area

Controls: On-tool extraction (M-class) or wet suppression; RPE to the COSHH assessment (FFP3, face-fit tested) where extraction cannot adequately control exposure; sheet and segregate the work area in occupied buildings.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

6. Hand-arm vibration from power tools

At risk: Operatives

Controls: Select low-vibration tools, keep cutting edges sharp, rotate operatives to keep exposure below the action value, and record trigger time where the assessment requires it.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

7. Interface with occupants, other trades and the public*At risk: Occupants, other trades, the public*

Controls: Segregate the work area — barriers, signage, sheeting; agree access routes and working hours with the occupier; never obstruct escape routes; deliveries and waste runs outside peak movement times where agreed.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

8. Manual handling of boards, materials and components*At risk: Operatives*

Controls: Mechanical aids first — trolleys, board lifters, hoists. Two-person lifts for boards and long components; order materials in manageable sizes; plan storage close to the workface; keep carrying routes clear and lit.

INITIAL (H/M/L)	RESIDUAL (H/M/L)	SITE-SPECIFIC ADDITIONAL CONTROLS, OR N/A	ACTION OWNER	BY WHEN

Site-specific hazards not listed above — every site has at least one:

HAZARD	WHO IS AT RISK	CONTROLS	INITIAL H/...	RESIDUAL...	ACTION OWNER	BY WHEN

4 METHOD — SEQUENCE OF WORK

- 01 Confirm the survey and the specified treatment; check the asbestos register for the property before anything is disturbed.
- 02 Agree the working areas, the re-entry period and the daily finish position with the occupier in writing.
- 03 Seal off the working area and establish extraction or damping before hacking off begins.
- 04 Hack off to the specified height, bagging waste at the workface; no dry sweeping.
- 05 Drill and inject to the product's stated pattern and depth, or insert the physical DPC in the designed sequence.
- 06 Observe the re-entry period; ventilate; hand over to replastering with the treated line marked.

SITE-SPECIFIC AMENDMENTS TO THE SEQUENCE**5 PLANT, EQUIPMENT AND MATERIALS**

- Injection pump or applicator gun
- Rotary hammers with on-tool extraction
- Dust barriers and negative pressure unit where specified
- H-class vacuum

INSPECTION / THOROUGH EXAMINATION REFS	COSHH ASSESSMENT REFS

6 PPE — THE LAST LINE OF CONTROL, NOT THE FIRST

- Head protection
- Safety footwear
- High visibility
- Gloves — task-rated
- Eye protection
- Hearing protection
- RPE to the COSHH assessment, face-fit tested
- Chemical-resistant gloves
- Eye protection

RPE TYPE, FACE-FIT STATUS, AND ANY OTHER PPE REQUIRED**7 PERMITS REQUIRED BEFORE THIS WORK STARTS**

A permit authorises this work in that place, on that day. It extends the safe system of work in this document — it does not replace it (HSE HSG250). The site issues the permit; record its number before work starts.

KD-PTW-PE-009 — Permit to Enter

For occupied and tenanted property.

PERMIT NUMBER**KD-PTW-CS-004 — Confined Space Entry Permit**

For cellar and subfloor working where it qualifies.

PERMIT NUMBER**8 EMERGENCY ARRANGEMENTS — COMPLETE FOR THIS SITE**

FIRST AIDER AND LOCATION	NEAREST A&E	ASSEMBLY POINT

HOW THE ALARM IS RAISED

EMERGENCY ACCESS FOR THIS WORK AREA

SPILL / ENVIRONMENTAL RESPONSE

9 BRIEFING RECORD — EVERYONE WORKING UNDER THIS RAMS SIGNS BEFORE STARTING

By signing you confirm the contents of this RAMS have been explained to you, you understand the hazards and controls, and you will work to the sequence stated. Tell the supervisor if the work or the site does not match this document — work stops until it does.

NAME	COMPANY	SIGNATURE	DATE

10 PREPARED AND ACCEPTED

Prepared / adapted for this site by — I confirm I have adapted this document to the site, scored the risks, and that it describes how the work will actually be done.

PRINTED NAME	ROLE / COMPETENCE	COMPANY	SIGNATURE	DATE	TIME

Accepted for the site by — principal contractor or site manager review.

PRINTED NAME	ROLE	COMPANY	SIGNATURE	DATE	TIME

Review this RAMS if the work, the site or the law changes, and at least before each new phase of the works. Flatten the completed PDF before filing so the record cannot be silently edited.

R REVISION HISTORY

Every revision of this document, and every review that found nothing to change. The revision on the front of this sheet is the one you are holding — check kubitdocs.com for the current one before use.

Rev	Date	Class	What changed	Authorised by
D0	2026-08-11	first-issue	First issue.	— not yet approved —
A0	2026-08-27	review	Approved for issue by the author. Content unchanged from D0; the draft status strip is removed. No independent third-party review has been carried out.	Author — director, UK principal contractor, SMSTS. Not an independent review.

Class: first-issue · material (the law, a control, a field or the scope changed — past buyers are notified) · editorial (wording or layout only) · review (checked, nothing changed) · withdrawal. Revision prefix D = draft, not approved and not for sale; A = approved for issue by the person named, on the date shown.