

COSH H 2002 reg 6: exposure is assessed BEFORE the work starts; reg 7: it is prevented, or adequately controlled, working down the hierarchy — eliminate, substitute, engineer, then RPE last. This assessment covers the substance family below; it is completed against the actual products (their safety data sheets alongside) and the actual task, and briefed to the people exposed. The current workplace exposure limit, where one applies, comes from EH40 and the SDS on the day — write it in below.

1 ASSESSMENT DETAILS

SITE / PROJECT

TASK ASSESSED

PRODUCTS IN USE (SDS TO HAND)

ASSESSED BY

DATE

2 THE SUBSTANCE — WHAT IT IS AND WHAT IT DOES

WHERE IT IS MET: The Wood Dust sheet covers the timber; this sheet is board cut in fit-out — MDF, chipboard, OSB and ply sawn and sanded in the room being finished, with other trades working through it. The dust carries the formaldehyde-bonded resin as well as the wood, and MDF machines into a fine fraction that stays airborne long after the saw stops.

THE HARM: Wood dust causes asthma and dermatitis and hardwood-content dust is linked to nasal cancer; the formaldehyde-based resins in board add an irritant and a sensitiser. The fine MDF fraction reaches deep into the lungs and stays airborne long after the saw stops.

3 EXPOSURE — ROUTES, PEOPLE, LIMIT

Inhalation — dust, fume, vapour or mist

Ingestion — hand to mouth

Skin and eye contact

Others affected — adjacent trades, occupiers, public

WHO IS EXPOSED, HOW LONG, HOW OFTEN

WEL / LIMIT (FROM EH40 AND THE SDS TODAY)

4 CONTROLS — IN THE REG 7 HIERARCHY, ALL IN PLACE BEFORE WORK STARTS

Cut in a designated area with extraction, or off site — never in the room being fitted out while others work

On-tool extraction to an M-class unit on saws, routers and sanders; the bag emptied without a dust cloud

RPE to the RAMS — face-fitted FFP3 for sanding, routing and cutting without full extraction

Vacuum housekeeping only; no compressed-air blow-downs

Gloves and sleeves for handling; wash and moisturise — resin dust dermatitis starts at the wrists and neck

SITE-SPECIFIC CONTROLS FOR THIS TASK

RPE WORN (TYPE, AND FACE-FIT WHERE TIGHT-FITTING)

OTHER PPE FOR THIS SUBSTANCE

5 HEALTH SURVEILLANCE, HYGIENE AND FIRST AID

Health surveillance for regular machinists — respiratory questionnaires and skin checks; asthma symptoms referred, and RIDDOR-reportable once diagnosed.

6 STORAGE, SPILLAGE AND DISPOSAL

Boards flat and dry; offcuts and dust bagged for the wood waste stream, never burned on site. Extraction filters changed with RPE on.

WHERE IT IS STORED ON THIS SITE

SPILL RESPONSE AT THE WORK

7 SIGN-OFF AND BRIEFING

The assessment is complete when the people exposed have been briefed on it. Reassess when the product, task, quantity or location changes — not on an anniversary.

ASSESSOR — PRINTED NAME

SIGNATURE

DATE

WORKFORCE BRIEFED (DATE / RECORD REF)

R REVISION HISTORY

Every revision of this document, and every review that found nothing to change. The revision on the front of this sheet is the one you are holding — check kubitdocs.com for the current one before use.

Rev	Date	Class	What changed	Authorised by
D0	2026-09-01	first-issue	First issue.	— not yet approved —
A0	2026-09-01	review	Approved for issue by the author. Content unchanged from the reviewed draft; the draft status strip is removed. No independent third-party review has been carried out.	Author — director, UK principal contractor, SMSTS. Not an independent review.

Class: first-issue · material (the law, a control, a field or the scope changed — past buyers are notified) · editorial (wording or layout only) · review (checked, nothing changed) · withdrawal. Revision prefix D = draft, not approved and not for sale; A = approved for issue by the person named, on the date shown.